

A

Abandonment Issues: Garnet, Thulite
Abdomen: Smokey Quartz
Abdominal Colic: Mother Of Pearl, Obsidian Snowflake
Absent Mindedness: Carnelian
Abundance: Amber, Malachite, Moss Agate, Citrine, Peridot, Jade
Abundance and Prosperity: Aventurine, Aqua Aura, Bloodstone, Citrine, Diamond, Epidote, Jade, Malachite, Moonstone, Moss Agate, Peridot, Topaz, Smoky Quartz, Rutilated Quartz, Tree Agate, Turquoise
Acceptance: Dumortierite (Blue Quartz)
Accidents (Prevention Of): Yellow Carnelian, Tiger Eye
Aches And Pains (Easing Of): Rose Quartz, Rock Crystals, Hematite
Acid Indigestion/Heartburn: Turquoise, Pyrite, Chialstolite, Variscite
Acidity: Green Jasper, Rock Crystal
Acne: Amethyst
Acting, Dramatic: Carnelian
Action (To Take Action): Carnelian, Chrysocolla, Pyrite/Marquisette
Addictions: Amethyst, Black Onyx, Smoky Quartz, Sugilite, Kunzite, Iolite, Dumortierite
Adrenal Glands: Ametrine, Aventurine (Green), Black Obsidian, Black Tourmaline (Schorl), Bloodstone, Carnelian, Cuprite, Emerald, Epidote, Fire Agate, Garnet, Jade, Kansas Pop Rocks, Kyanite, Malachite, Nephrite Jade, Peach Aventurine, Rose Quartz, Ruby, Smoky Quartz, Sugilite, Sulfur
Aggression (Negates): Carnelian, Amethyst
Aids: Andalusite, Buddha Quartz Crystal, Carved (Naturally) Quartz, Dicalcite, Dolomite, Halite, Petoskey Stone, Petrified Wood, Red Catlinite, Rutilated Quartz, Scheelite, Tibetan Quartz Crystal, Tourmalinated Quartz
Air Purifier: Quartz Crystal
Air Travel Stress: Hematite
Alcoholism: Amethyst, Black Onyx
Aligning The Physical & Astral Bodies: Amazonite
Allergies (General): Aquamarine, Aventurine, Fluorite, Apophyllite, Red Jasper, Rock Crystal, Carnelian, Apatite, Brecciated Jasper (Animals) Carnelian, Clay, Dolomite, Garnet, Moldavite, White Coral
Allergies (Pollen): Carnelian, Zircon, Chrysocolla
Ambition: Chrysoberyl, Morganite
Amplifies Energy: Rock Quartz, Ruby
Analytical Qualities: Agate, Fluorite
Ancient Wisdom: Celcstite, Quartz Crystal
Anemia: Garnet, Ruby, Bloodstone, Tourmaline, Citrine, Coral, Kunzite, Hematite
Angels (Communication): Angelite, Amethyst Flowers, Aquamarine, Blue Lace Agate, Celestite, Danburite, Moonstone, Morganite, Muscovite, Selenite
Anger: Azurite, Angelite, Apatite, Aquamarine, Aragonite, Amethyst, Blue Agate, Bronzite, Carnelian, Chrysoprase, Citrine, Gold, Howlite, Jet, Lepidolite, Kunzite, Kyanite, Peridot, Rhodonite, Rose Quartz, Smoky Quartz, Sodalite, Turquoise, King Cobra Jasper, Sea Shells
Anger (Releasing!): Peridot, Rose Quartz, Snowflake Obsidian, Sugilite
Angina: Rose Quartz, Amethyst, Dioptase
Animals (To Cure Illness): Rose Quartz, Rock Crystal
Anorexia: Topaz, Citrine, Moss Agate, Rhodochrosite, Turquoise, Rose Quartz
Anxiety: Azurite-Malachite, Bloodstone, Labradorite, Citrine, Lapis Lazuli, Smoky Quartz, Rock Crystal, Tiger Eye, Smithsonite, Howlite, Opal, Dolomite, Apophyllite

Aphrodisiac: Rose Quartz, Amethyst , Carnelian
Appendix: Chrysolite Architects/Construction: Ammonite
Arthritis: Abalone, Amber, Amethyst, Apatite, Azurite, Black Tourmaline, Blue Lace Agate, Blue Lace Agate, Botswana Agate, Carnelian, Chrysocolla, Copper, Fluorite, Gold, Garnet, Green Calcite, Lapis, Lodestone (Magnetite), Malachite, Petrified Wood, Quartz, Rhodonite, Ruby, Topaz, Sulphur, Mother Of Pearl, Carnelian , Magnetic Hematite, Azurite, Carnelian, Ruby
Arthritis/Bones/Joints: Abalone, Amber, Amethyst, Apatite, Azurite, Black Tourmaline, Blue Lace Agate, Boji Stones (Kansas Pop Rocks), Botswana Agate, Carnelian, Chalcocite, Chrysocolla, Copper, Dolomite, Fluorite, Gold, Green Calcite, Howlite (Bones) Lapis, Lodestone (Magnetite), Malachite, Petrified Wood, Quartz, Rhodonite, Ruby, Sulphur, Topaz
Artistic Expression (Also See "Creativity" Below):
Botswana Agate, Cobaltite, Elialite, Howlite, Phantom Quartz, Rainbow Boji Stone (Kansas Pop Rocks), Rainbow Quartz, Rutilated Quartz, Watermelon Tourmaline
Artistic Growth: Blue Topaz
Asthma: Amber, Apophyllite, Cat's Eye, Malachite, Obsidian, Rose Quartz, Rutilated Quartz, Tiger's Eye
Astral Projection/Travel: Ametrine, Apophyllite, Azurite -Malachite, Calcite, Fluorite, Hematite, Honey Calcite, Iolite, Moldavite, Quartz, Sapphire, Spirit Quartz
Astrology: Angelite
Attention Deficit Disorder (ADD): Sodalite
Attracting A Soul Mate: Carnelian, Rhodonite, Rhodochrosite, Garnet, Rose Quartz
Attractive to Others: Amethyst, Goldstone, Garnet, Sunstone
Attunement: Herkimer Diamond
Attuning To The Earth: Chrysocolla
Aura (Balancing, Cleansing): Ametrine, Citrine, Dravite, Epidote (Emotional Body Aura), Iolite, Labradorite, Nuumite (Clearing), Quartz, Rutilated Quartz
Aura Cleansing: Aqua Aura, Citrine, Fluorite, Iolite, Agate, Crystal Quartz, Lapis Lazuli
Autism: Sugilite, Moldavite
Awareness: Green Calcite, Orange Calcite, Celestite, Howlite, Lapis Lazuli, Picture Jasper

B

Back Problems: Petrified Wood
Backache: Blue Agate , Hematite
Bad Temper: Blue Tiger Eye , Green Aventurine
Balance: Agate, Light & Dark Amber & Jet, Snowflake Obsidian, Tourmalinated Quartz
Balancing Relationships: Peridot, Rhodonite, Rose Quartz
Baldness: Aquamarine , Rock Crystal
Banish Grief: Black Onyx, Jet
Bitterness: A OK
Bladder: Amber, Coral Jade, Red Jasper
Bladder Trouble: Bloodstone, Jade, Jasper, Amber, Orange Calcite
Bleeding (To Stop) Bloodstone, Carnelian, Ruby, Sapphire, Chrysoprase, Hematite, Clear Quartz
Blessing: Jade
Blood: Carnelian, Hematite, Bloodstone, Rhodochrosite
Blood Circulation: Sodalite, Carnelian Fire Agate
Blood Circulation (Poor): Citrine, Magnetite, Ruby, Yellow
Blood Cleansing: Amethyst, Bloodstone, Garnet, Lapis Lazuli, Aquamarine
Blood Clots: Amethyst, Bloodstone, Hematite
Blood Disease: Amethyst, Chrysolite, Jasper, Ruby
Blood Poisoning: Carnelian
Blood Pressure: Aventurine, Blue Sodalite, Black Or Green Tourmaline
Blood Pressure (High): Jade , Sodalite, Chrysoprase, Jadeite, Bloodstone
Blood Pressure (Low): Sodalite, Tourmaline, Bloodstone, Carnelian
Boils: Sapphire
Bone Marrow: Amber, Chalcedony
Bones: Calcite, Fluorite, Tiger's Eye, Onyx, Obsidian

Bowels: Cat's Eye, Jasper
 Brain: Pyrite, Ruby, Tourmaline (Green), Lapis Lazuli
 Brain Tonic: Amethyst, Carnelian
 Bravery: Agates
 Breathlessness: Amber , Black Onyx
 Bronchitis: Red Jasper, Pyrite, Rutilated Quartz, Rutilated Quartz, Amethyst, Amber , Black Onyx
 Bruises: Rose Quartz , Carnelian
 Burns: Sodalite , Amethyst, Chrysoprase, Clear Quartz, Rose Quartz
 ***C**
 Calcium Deficiencies: Amazonite
 Calming: Sodalite , Rock Crystal, Aventurine, Blue Aventurine, Cats Eye, Moonstone,
 Peach/Apricot Moonstone, Rainbow Moonstone, Rhodonite, Rose Quartz, Silver, Silver Gray
 Moonstone
 Calms Body: Agate, Celestite, Yellow Topaz, Blue Topaz
 Calms Mind: Agate, Smithsonite, Amethyst, Smithsonite, Blue Topaz
 Cancer: Red Jasper, Rock Crystal, Carnelian
 Cancer Related Diseases: Rhodochrosite, Abalone, Smoky Quartz, Sugillite
 Catarrh: Amber , Blue Agate
 Cell Rejuvenation: Sodalite, Rhodonite
 Central Nervous System: Rock Crystal , Rose Quartz
 Cervix: Onsite
 Chakras Balanced: Bloodstone, Quartz Crystal
 Chakras Opened: Fluorite, Kyanite, Quartz Crystal
 Change (Staying In Balance): Cats Eye, Charoite, Snowflake Obsidian
 Change Habits & Patterns: Red Tiger Eye, Snowflake Obsidian, Tiger Eye
 Cheerfulness: Ruby, Tourmaline
 Chest Pains: Malachite , Rose Quartz
 Childbirth: Moonstone, Agate, Bloodstone, Chrysoprase, Jade, Lapis Lazuli (To Ease Pain), Pearl,
 Peridot
 Circulation: Sodalite , Carnelian
 Circulatory Problems: Citrine, Ruby, Fire Agate, Coral, Rhodochrosite
 Clairaudience: Malachite, Rutilated Quartz, Sapphire
 Clairvoyance: Clear Quartz, Benito, Chrysoprase
 Cleansing & Purity: Pearls, Rainbow Moonstone, Sunstone
 Coldness (To Warm): Topaz
 Colds, Flu: Fluorite, Larimer, Sulphur, Jet, Emerald, Yellow Topaz
 Colic: Malachite, Jade, Carnelian, Coral
 Color Blindness: Amethyst, Agate
 Comfort: Gold Calcite, Diopase
 Communication: Blue Aventurine, Blue Topaz, Chrysocolla, Citrine, Tiger Eye, Turquoise
 Compassion: Chrysoprase, Bloodstone, Peridot, Rose Quartz
 Concentration: Carnelian , Red Jasper, Blue Topaz
 Connection With All That Is: Amethyst, Azurite-Malachite, Charoite, Sugillite, Turquoise
 Connection With God: Amber, Bloodstone, Citrine, Pyrite/Marquisette
 Connection With The Goddess: Labradorite, Moonstone, Peach/Apricot Moonstone,
 Rainbow Moonstone, Silver, Silver Gray Moonstone
 Constipation: Red Jasper , Citrine
 Contentment: Amethyst
 Convulsions: Amber, Amethyst, Carnelian, Lapis Lazuli, Moldavite, Quartz Crystal
 Coughs: Aquamarine , Blue Agate
 Courage: Bloodstone, Aquamarine, Hematite , Tiger Eye, Agates, Sunstone Tiger Iron
 Cramps: Bloodstone , Amethyst
 Creativity: Amethyst, Aventurine, Chalcedony, Howlite, Ruby, Red Jasper, Blue Aventurine, Blue Topaz
 Crown Energy: Rock Crystal , Amethyst

D

Decision Making: Aventurine, Sunstone

Depression: Bloodstone, Gold Calcite, Carnelian, Chalcopyrite, Smoky Quartz, Kunzite,
Azurite, Topaz, Chrysoprase

Depression (To Lift): Tiger Eye, Carnelian, Hematite

Despair: Rhodonite, Carnelian

Diabetes: Rock Crystal, Red Jasper, Citrine, Amethyst, Bloodstone Diarrhea: Quartz Crystal, Malachite

Digestion: Labradorite, Pearl, Obsidian, Sapphire, Rhodochrosite, Citrine, Obsidian Snowflake,
Howlite, Yellow Jade, Jasper, Peridot

Direction In Life: Citrine

Dizziness: Clear Quartz, Lapis Lazuli Doubt: Staurolite

Dream Inducer: Citrine, Garnet

Dreams: Rutilated Quartz, Jade, Sugilite

Dreams And Goals (Manifestation Of): Amber, Chrysocolla, Citrine, Green Amber, Jade,
Pyrite/Marquisette

Dreams, Intuitive: Amethyst, Jade

Drunkenness: Amethyst, Tiger Eye, Black Onyx

E.

Ear (Inner): Rhodonite

Ear Problems: Amethyst, Blue Agate

Ear Trouble: Sapphire, Amber, Onyx, Tourmaline

Earache: Amber

Eczema: Amethyst, Green Aventurine

Edema (Dropsy): Amethyst

Ego (Detach - Release): Citrine, Labradorite, Peridot, Snowflake Obsidian, Sugilite

Elixir Of Life: Rhodonite, Sodalite

Emotional Balance: Aventurine, Blue Aventurine, Chrysocolla, Malachite, Moonstone,
Peach/Apricot Moonstone, Rainbow Moonstone, Silver Gray Moonstone,
Snowflake Obsidian, Tourmalin Quartz

Emotional Distance (Detachment): Blue Topaz, Snowflake Obsidian

Emotional Energy: Garnet, Hematite, Kyanite, Rhodonite, Ruby

Emotional Strength: Amethyst, Rose Quartz

Emotions - Calming: Moonstone, Rose Quartz

Emotions (Bad): Peridot

Emotions (Blocked): Kunzite, Blue Tourmaline

Emotions (Erratic): Selenite

Endocrine System: Magnetite

Endurance: Sodalite

Energy: Amber, Blue Goldstone, Carnelian, Garnet, Green Amber, Red Tiger Eye

Energy: Aventurine, Blue Aventurine, Citrine, Tiger Eye, Tourmalinated Quartz, Turquoise

Energy (Physical): Petrified Wood

Energy Booster: Amethyst, Rock Crystal, Carnelian

Epilepsy: Jasper, Moldavite, Tourmaline, Lapis Lazuli, Sugilite, Black Onyx, Tourmaline

Eye Disorders: Aquamarine, Emerald, Corundum, Magnetite

Eyes: Aquamarine, Aventurine, Optical Calcite, Jade, Lapis Lazuli, Azurite, Obsidian Snowflake, Peridot,
Rhodochrosite

Eyes (Watering): Onyx, Aquamarine

Eyesight: Obsidian Snowflake, Rose Quartz, Malachite

Eyesight (Poor): Emerald, Fluorite, Malachite, Opal, Peridot, Tiger's Eye

Eyesight: (For Failing Eyesight):, Topaz

Eyestrain: Emerald

F

Fainting: Amethyst, Lapis Lazuli
Faith & Honesty: Pearls, Turquoise, Sapphire
Fallopian Tubes: Chrysoprase
Falls (To Prevent): Tcxnnaline
Fatigue: Ruby, Fluorite, Clear Quartz, Diopase, Hematite, Amethyst, Carnclian
Fear (Banishes): Agate, Great Cifcitic, CtaDite, Diamond
Fear (Overcoming): Citrine, Smoky Quartz, Rbodochrosite, Black Tourmaline, Rose Quartz ,
Rhodonite, AmethysL Azurite-Malachiie, BUck Onyx Rose Quartz, Silver Gray Moonstone,
Snowflake Obsidian
Fertility: Rock Crystal, Rose Quartz , Moonstone, Camelian, Zoisite
Fever: Aventurine, Carnelian, Onyx, Hematite, Opal, Clear Quartz, Ruby, Pyrite, Red Jasper
Fever (Reduction): Agate, Chrysoprase, Peridot, Ruby
Fire Energy: Amber, Blue Goldstone, Carnelian, Garnet, Hematite, Obsidian, Peach/Apricot Moonstone,
Pyrite/Marquisettec, Snowflake Obsidian, Sunstone, Tiger Iron, Tourmalinated Quartz
Focus: Black Onyx, Malachite, Tiger Eye
Forgetfulness: Rhodonite , Unakitc, Emerald
Forgiveness: Amethyst, Rhodochrosite
Fractures: Tiger's Eye, Magnetite, Calcite, Hematite, Diopase, Mother Of Pearl
Friendship: Peridot, Rose Quartz, Lapis Lazuli, Moonstone, Amethyst, Sapphire, Tourmaline, Turquoise
Frustration: Obsidian Clear , Rose Quartz, Howlite

G

Gall Bladder: Red Jasper, Tiger Eye, Orange Calcite
Gardening: Moss Agate
General Health Tonic: Green Aventurine , Blue Agate
Generosity: Peridot, Rhodonite
Glands (Swollen): Aquamarine, Topaz, Blue Lace Agate
Goiter: Amber
Good Luck: Green Aventurine, Obsidian Snowflake, Moonstone,
Grief: Red Jasper , Obsidian Clear, Amethyst
Grounding: Black Onyx, Hematite, Jet, Obsidian, Red Tiger Eye, Tourmalinated Quartz, Apache Tears,
Camelian, Fluorite, Obsidian Snowflake, Smoky Quartz, Tourmaline, Unakite
Grounding Earth Energy: Aventurine, Green Amber, Jade, Jet, Malachite, Moss Agate, Rose Quartz

H

Hair: Aquamarine , Rock Crystal
Hair Problems: Agate, Aventurine, Lapis Lazuli, Onyx, Obsidian
Happiness & Joy: Amber, Camelian, Chrysocolla, Citrine, Green Amber, Peach/Apricot Moonstone,
Sunstone, Tiger Eye, Sodalite, Malachite
Hay Fever: Amber , Tiger Eye
Headache: Quartz Crystal, Rose Quartz, Sugilite, Lapis Lazuli, Amethyst, Turquoise,
Blue Lace Agate, Amber, Emerald, Hematite, Citrine, Moonstone
Heal Past Emotional Wounds: Green Amber, Malachite, Moss Agate, Rose Quartz, Aventurine
Healing (General): Amber, Green Amber, Malachite, Agates, Amethyst, Azuritic, Gold Calcite,
Diopase, Fluorite, Kunzite, Quartz Crystal
Hearing: Blue Agate , Rhodonite
Hearing Problems: Agate, Onyx, Rhodonite, Sapphire, Sodalite
Heart: Beryl, Blue Quartz, Chalcedony, Hematite, Lapis Lazuli, Onyx
Heart Disease: Rock Crystal, Red Jasper, Camelian
Heart Trouble: Agate, Beryl, Garnet, Onyx, Peridot, Rhodonite, Ruby, Rhodochrosite, Diopase
Heartburn: Clear Quartz, Diopase, Emerald, Peridot
Hemorrhage: Chrysoprase, Hematite, Clear Quartz, Sapphire
Hemorrhoids: Mother Of Peal, OtadoB dear, Bloodstone, Sulphur
Hips: Petrified Wood
Hostility (Fear Of): Grossular
Humility: Sunstone, Chrysoprase
Hypertension: Apatite, Avemurine

Hypochondria: Tiger Eye , Blue Agate, Quartz Crystal

I

Idealism: Bloodstone

Imagination: Galena, Garnet, Rose Quartz, Sapphire

Imagine (A Key To Life): Rose Quartz, Green Aventurine, Amethyst

Immune Deficiency: Sugilite, Emerald, Malachite, Clear Quartz, Tourmaline, Jade, Lapis Lazuli, Amethyst

Immune System: Snow Quartz, Blue Agate , Carnelian

Impotence: Rhodonite, Sodalite, Carnelian

Independence: Blue Aventurine, Turquoise

Indigestion: Jasper, Citrine

Infection: Amber, Amethyst, Carnelian, Emerald, Opal, Sardonyx, Smoky Quartz, Galena, Rhodochrosite (Elixir, Poultice)

Infection (Protection): Garnet, Pearl

Infertility: Rose Quartz, Smoky Quartz, Carnelian, Jade, Chrysoprase, Coral

Inflammation: Carnelian, Bloodstone, Emerald, Garnet, Pyrite, Copper, Blue Agate

Influenza: Pyrite, Jet, Emerald, Fluorite

Inner Child: Azurite-Malachite, Carnelian

Inner Fire: Garnet

Innocence: Pearls

Insight & Understanding: Bloodstone, Cats Eye, Charoite, Obsidian, Rhodonite, Sugilite

Insight Into Self: Tiger's Eye

Insomnia: Amethyst, Blue Sodalite, Lapis Lazuli, Hematite, Sapphire, Fluorite, Yellow Topaz, Aventurine, Emerald, Hematite, Peridot, Zircon

Inspiration: Tourmaline

Intellect: Emerald, Rose Quartz, Yellow Topaz

Intellectual Stimulation: Blue Aventurine, Citrine, Lapis Lazuli, Pyrite/Marquisette, Tiger Eye, Turquoise

Intestinal Disorders: Amber

Intestine: Mother Of Pearl, Obsidian Snowflake

Intuition: Amethyst, Rock Crystal, Aventurine, Blue Aventurine, Cats Eye, Charoite, Labradorite, Lapis Lazuli, Moonstone, Rainbow Moonstone, Silver, Silver Gray Moonstone, Sugilite

Intuitive Awareness: Amethyst, Green Calcite, Ruby, Turquoise

Irritated Throat: Amber, Rhodonite Itching: Green Aventurine , Hematite

J

Jealousy (Letting It Go): Peridot, Rose Quartz

Joints (Pain In): Chrysocolla, Copper, Sulphur, Mother Of Pearl, Carnelian , Magnetic Hematite, Azurite, Carnelian, Ruby

Judgment (Releasing): Labradorite, Snowflake Obsidian, Sugilite

K

Kidney Stones: Malachite

Kidneys: Bloodstone, Green Calcite, Jade, Opal, Carnelian, Rhodochrosite, Quartz Crystal, Smokey Quartz

Kindness: Chrysoprase

Knees: Mother Of Pearl , Blue Agate

Knowledge: Amethyst , Rock Crystal

L

Laryngitis: Tourmaline, Amber, Sodalite, Azurite, Turquoise, Rhodonite

Larynx: Morganite

Laziness: Hematite, Blue Agate

Leadership: Blue Topaz, Aventurine, Blue Aventurine, Lapis Lazuli, Sunstone

Learning: Citrine, Jet

Leg Cramp: Bloodstone, Hematite, Magnetite

Legal Matters: Lapis Lazuli

Lifting The Spirit: Amber, Carnelian, Citrine, Green Amber, Peach/Apricot Moonstone, Peridot, Rainbow Moonstone, Sunstone, Tiger Eye

Liver Disorders: Aquamarine, Azurite, Malaehite, Beryl, Jasper, Magnetite, Rhodochrosite, Bloodstone, Yellow Topaz, Zircon, Rhodonite

Logic: Sodalite

Loneliness: Rhodochrosite , Amethyst Long Life: Sodalite , Rhodonite, Moonstone Longevity: Sodalite , Rhodonite, Moonstone

Love: Rose Quartz, Garnet (Physical), Dioptase, Emerald, Moonstone, Opal, Rhodochrosite, Sapphire, Green Amber

Love (Potion): Rose Quartz , Amethyst, Moonstone, Garnet Loyalty: Pearls, Kyanite, Moonstone Luck: Smoky Quartz, Tiger Eye

Lunar Energy: Labradorite, Moonstone, Peach/ Apricot Moonstone, Pearls, Rainbow Moonstone, Silver, Silver Gray Moonstone

Lungs: Pyrite, Chrysocolla, Dioptase, Fluoritc, Galena, Amber Lymph Glands: Tourmaline

M

Magical Power: Amber, Green Amber, Jet

Malaria: Amber

Me (Chronic Fatigue Syndrome): Tourmaline (Green), Ruby, Fluoritc, Clear Quartz

Meditation: Amethyst, Charoite, Sugilite, Apache Tears, Azurite, Chrysoprase, Kunzite, Magnetite, Quartz Crystal, Selenite, Snow Quartz, Tourmaline, Turquoise

Melancholy: Red Jasper , Carnelian Memory: Hematite, Howlitc, Rhodonite , Unakite

Menopause: Moonstone , Rose Quartz Menstrual Cycle: Carnelian , Moon Stone

Menstrual Disorders: Moonstone, Malachite, Coral

Menstruation: Camelian, Chrysoprasc, Malachite, Moonstone, Ruby

Mental Breakdown: Rhodochrosite, Smiihsonitc

Mental Clarity: Cats Eye, Citrine, Lapis Lazuli, Tiger Eye, Turquoise

Mental Cleanser: Lapis Lazuli, Malachite

Mental Disorders: Beryl, Bloodstone

Mental Power: Selenite

Metabolism, Growth: Amazonite

Migraine: Rose Quartz, Obsidian Clear, Aventurine

Mind (Troubled): Jasper

Miscarriage (To Prevent): Ruby, Moonstone, Chrysoprase

Misfortune: Tourmaline

Motor Responses: Apatite

Mouth Troubles: Sodalite, Beryl, Tiger Eye

Multiple Sclerosis: Red Jasper, Rock Crystal , Camelian

Muscle Spasms: Amazonite, Chrysocolla, Dioptase

Muscles: Rock Crystal , Hematite

Mysteries Of The Universe: Labradorite

N

Nails: Obsidian, Calcite, Rhodochrosite, Rhodochrosite, Mother Of Pearl

Neck (Tension): Hematite , Rose Quartz

Neck Strain: Chrysoprase

Negative Energy: Black Tourmaline, Obsidian, Apache Tear, Lapis Lazuli

Negative Energy (To Dispel): Lapis Lazuli , Obsidian Snowflake

Negative Vibrations: Amethyst, Chrysocolla, Dolomite, Fluorite, Obsidian Snowflake, Peridot, Quartz Crystal, Smoky Quartz, Black Or Green Tourmaline

Negativity (Releasing It): Black Onyx, Hematite, Malachite, Obsidian, Pyrite/Marquisette, Snowflake Obsidian, Sugilite, Tourmalinated Quartz

Nervous System: Alexandrite, Chalcedony, Amazonite, Amber, Aquamarine, Chrysocolla, Chrysoprase, Galena, Jasper, Morganitc, Peridot, Yellow Topaz, Black Or Green Tourmaline

Nervousness: Sapphire, Topaz, Tourmaline, Lapis Lazuli, Turquoise , Rhodochrosite , Mother Of Pearl

Neuralgia: Aquamarine, Lapis Lazuli, Camelian, Amber, Magnetite, Amethyst, Green Tourmaline, Rose Quartz, Hematite

New Beginnings: Azurite-Malachite

Night Driving: Aquamarine, Aventurine, Beryl, Cat's Eye

Nightmares: Amethyst , Rhodonite

O

Obesity: Black Onyx , Rock Crystal

Obsessions: Amethyst, Blue Agate , Black Onyx

Occult Powers: Peridot

Opening The Heart: Carnelian, Green Amber, Malachite, Rose Quartz

Optimism: Chalcedony

Osteoporosis: Amazonite

Ovaries: Chrysoprase, Smokey Quartz

Overwhelmed: Agates

P

Pain: Lapis Lazuli, Dioptase, Magnetite, Rose Quartz, Sardonyx, Sugilite, Malachite, Turquoise, Carnelian

Pain - Eases: Quartz Crystal, Ruby

Pain (To Relieve): Rose Quartz, Rock Crystal , Hematite

Pancreas: Alexandrite, Green Calcite, Rhodochrosite, Smoky Quartz

Paralysis: Amethyst , Rock Crystal

Passion: Garnet, Peach/Apricot Moonstone, Red Tiger Eye

Past-Life Recall: Garnet, Kyanite, Petrified Wood, Quartz Crystal, Selenite

Patience: Rock Crystal , Howlite, Chrysoprase

Peace Of Mind: Amethyst, Green Aventurine, Rose Quartz , Rhodonite, Sapphire

Peace, Harmony & Tranquility: Chrysoprase, Rose Quartz, Blue Tourmaline, Amethyst, Cats Eye, Charoite, Jade, Peridot, Moonstone, Rainbow Moonstone, Silver Gray Moonstone, Snowflake Obsidian, Turquoise

Personal Power: Amber, Carnelian

Personal Will Power: Amber, Carnelian, Citrine, Tiger Iron

Phobias: Obsidian Clear , Rose Quartz, Aquamarine

Piles: Heliotrope (Bloodstone)

Pineal Gland: Lazulite, Sugilite

Pituitary: Sugilite

Pms: Moonstone, Malachite, Coral, Smoky Quartz

Pneumonia: Fluorite

Poisoning: Agate, Diamond, Emerald, Malachite

Poisonous Bites: Amazonite

Positive Outlook: Azurite-Malachite, Moss Agate, Red Tiger Eye, Sunstone, Tiger Eye

Power Stones: Agates - Earth Stones

Practicality: Red Tiger Eye, Turquoise

Pregnancy (For Strength): Hematite , Carnelian

Prophecy: Emerald

Prosperity: Green Aventurine , Peridot, Citrine, Obsidian Snowflake, Amber, Bloodstone, Charoite, Citrine, Green Amber, Jade, Jet, Malachite, Moss Agate, Pyrite/Marquisette, Silver, Tiger Eye, Turquoise

Prostate: Chrysoprase

Protection: Tiger Eye , Obsidian Snowflake, Sardonyx, Turquoise, Black Onyx, Bloodstone, Hematite, Lapis Lazuli, Malachite, Obsidian, Silver, Tiger Iron, Tourmalinated Quartz

Psychic Development: Azurite, Howlite, Lapis Lazuli, Opal, Yellow Topaz, Blue Topaz

Psychic Power: Amethyst, Labradorite, Lapis Lazuli, Malachite, Moonstone, Rainbow Moonstone, Silver, Sugilite, Clear Quartz, Amethyst, Obsidian, Azurite, Moldavite

Psychic Protection: Apache Tear, Black Obsidian

Psycho-Somatic Pain: Bloodstone, Tiger Eye

Public Speaking: Amber , Tiger Eye Pulse (Rapid): Hematite

Pulse (Steady): Jasper

Purifier: Smoky Quartz

Q

Quarreling (Between Couples): Rose Quartz, Moonstone, Green Aventurine, Magnetite, Rhodonite

R

Red Blood Cell (To Promote Health I: Hematite , Amethyst
Rejuvenator: Sodalite , Rhodonite Reproductive System: Rose Quartz , Moon Stone
Resentments: Amethyst, Agates,
Respiratory Tract: Rhodochrosite

Rheumatism: Copper, Azurite, Sulphur, Amber, Carnelian, Malachite, Turquoise, Magnetite,
Fluorite, Agate , Mother Of Pearl, Magnetic Hematite, Ruby

Rigid Mind: Sodalite

S

Sadness: Sodalite, Red Jasper
Scalds: Amethyst, Sodalite
Scar Tissue: Rose Quartz , Rock Crystal
Schizophrenia: Lepidolite
Sciatica: Rose Quartz , Hematite
Scientific Outlook: Blue Goldstone
Self Discipline: Sunstone
Self Knowledge: Citrine, Watermelon/Pink Tourmaline
Self-Control: Sardonyx, Black Onyx
Self-Expression: Blue Aventurine, Blue Topaz, Chrysocolla, Citrine, Tiger Eye, Turquoise
Self-Image & Confidence: Peach/Apricot Moonstone, Rose Quartz, Galena, Ruby, Agate, Aventurine,
Bloodstone, Orange Calcite, Diamond, Garnet, Rhodonite, Tiger's Eye
Self-Love: Rose Quartz
Sensuality: Garnet, Peach/Apricot Moonstone, Red Tiger Eye
Serenity: Aquamarine, Amethyst, Rose Quartz , Rhodonite
Sex Improved: Smoky Quartz
Sexual Appetite (To Arouse, Increase): Garnet, Rose Quartz, Amethyst, Carnelian, Kambara Jasper
Shoulder Strain: Chrysoprase
Shyness: Tiger Eye , Hematite, Lepidolite
Sinus: Sodalite, Black Onyx, Fluorite, Sulphur
Skin: Corundum, Obsidian, Smoky Quartz, Topaz, Zircon, Aquamarine (Elixir)
Skin Diseases: Garnet
Skin Problems: Green Aventurine, Rose Quartz
Sleep: Amethyst, Howlite
Sleeplessness: Amethyst, Sodalite, Lapis Lazuli, Sapphire, Topaz
Smell (To Increase Sense Of): Red Jasper , Tiger Eye
Solar Energy Stones: Amber, Pyrite/Marquisette, Sunstone, Tiger Eye
Sores: Green Aventurine, Amethyst, Carnelian, Chalcedony
Sorrow Eased: Chrysoprase
Spasms: Carnelian, Clear Quartz, Ruby
Speech: Rhodonite, Blue Agate
Spine (To Strengthen): Jasper, Magnetite, Labradorite, Obsidian
Spiritual Cleanser: Lapis Lazuli
Spiritual Gifts: Quartz Crystal, Blue Topaz
Spiritual Transformation: Charoite, Sugilite
Spirituality: Amethyst, Charoite
Spleen (Strengthen): Albite, Alexandrite, Bloodstone, Green Calcite, Chalcedony, Lapis Lazuli,
Rhodochrosite
Stamina: Amethyst, Rock Crystal, Carnelian
Stammering: Apatite, Blue Topaz
Star Sources: Moldavite
Stellar Energy Stones: Blue Goldstone, Lapis Lazuli
Stomach: Aquamarine, Beryl, Chrysocolla, Citrine, Jasper, Mother Of Pearl , Obsidian Snowflake
Beryl, Heliotrope (Bloodstone), Jasper, Sunstone Agate, Amethyst, Labradorite, Onyx,
Peridot, Sunstone, Topaz, Rhodochrosite

Stomach Ulcers: Onyx, Tourmaline, Chrysocolla, Pyrite Strength: Agates, Bloodstone, Chrysocolla, Tiger Eye, Tiger Iron

Stress And Worries: Agates, Green Aventurine, Rose Quartz , Rhodonite, Amethyst, Blue Agate, Herkimer Diamond, Yellow Topaz, Azurite-Malachite, Black Onyx, Chrysocolla, Lapis Lazuli, Silver Gray Moonstone

Stroke: Lapis Lazuli

Success: Amber, Citrine, Green Amber, Tiger Eye

T

Talent: Bloodstone

Taste: Topaz

Teeth: Aquamarine, Fluorite, Mother Of Pearl, Calcite

Teeth (To Cut): Amber

Tension (Emotional): Amethyst, Blue Agate, Celestite, Dioptase, Tiger Eye, Rose Quartz , Carnelian

Tension (Muscular): Smithsonite

Testicles: Alexandrite, Chrysoprase, Smoky Quartz, Zoisite

Thinking (Improve): Amazonite, Tiger's Eye

Thought (Clear): Aquamarine, Carnelian, Celestite

Throat: Blue Agate, Amber

Throat (Chakra Opened): Blue Agate

Throat Infections: Amber, Aquamarine, Beryl, Blue Agate, Blue Topaz

Throat Trouble: Tourmaline, Hematite, Amber, Beryl, Rhodonite, Tiger's Eye, Turquoise, Azurite, Chalcedony

Thymus (Strengthen): Albite, Blue Quartz

Thyroid: Galena, Chrysoprase, Morganite, Blue Tourmaline, Rhodonite, Lapis Lazuli

Tiredness: Amethyst, Rose Quartz , Carnelian

Tolerance: Amethyst, Chrysoprase

Tonic - General: Garnet, Peridot

Tonsillitis: Azurite, Tourmaline, Amber, Chalcedony, Pyrite

Toothache: Aquamarine, Lapis Lazuli, Amber, Jet, Malachite

Trauma: Aventurine, Rhodochrosite, Rhodonite, Rose Quartz

Truth & Sincerity: Pearls

Tumors: Amethyst, Rose Quartz

U

Ulcers: Green Aventurine , Tiger Eye, Agate

Understanding Our Destiny: Charoite, Jade, Labradorite, Rhodonite, Sugilite, Turquoise

Understanding Our Hearts: Chrysocolla

Urinary: System Citrine , Jade

V

Varicose Veins: Aquamarine , Rhodonite, Yellow Topaz

Verbal Eloquence: Agate, Amazonite, Turquoise

Vertigo: Red Jasper , Obsidian Clear Victory: Bloodstone

Viral Infections: Fluorite

Visualizations: Scenite

Vitality: Amber, Bloodstone, Carnelian, Garnet, Pyrite/Marquisette, Red Tiger Eye, Sunstone, Tiger Eye, Tiger Iron, Agate, Aventurine, Bloodstone, Orange Calcite, Diamond

Vitamin Absorption: Rhodonite Vocal Cords: Rhodonite, Blue Agate

Vocal Problems: Chrysoprase

Voice Strengthened: Carnelian

W

Wasting Disease: Red Jasper, Rock Crystal , Carnelian

Water Energy Stones: Amethyst, Azurite-Malachite, Blue Aventurine, Blue Goldstone, Cats Eye, Jade, Lapis Lazuli, Moonstone, Pearls, Rainbow Moonstone, Rose Quartz, Silver Gray Moonstone, Snowflake Obsidian, Sugilite, Turquoise

Weak Muscles: Amethyst, Rock Crystal, Hematite

Weakness (General): Amethyst, Rock Crystal, Hematite

Wealth: Amber, Bloodstone, Charoite, Citrine, Peridot, Green Amber, Jade, Jet, Malachite, Moss Agate, Pyrite/Marquisette, Silver, Tiger Eye, Turquoise

Whooping Cough: Topaz, Amber, Blue Lace Agate, Coral

Will Power: Rose Quartz, Black Onyx, Rock Crystal, Chrysoprase, Rutilated Quartz, Tiger's Eye

Wisdom: Amethyst, Charoite, Blue Goldstone, Jade, Jet, Lapis Lazuli, Pearls, Sugilite, Ruby, Turquoise, Amethyst, Carnelian

Wishes: Jade, Moonstone, Rainbow Moonstone

Wounds: Rose Quartz, Rock Crystal, Carnelian, Garnet, Ruby

XYZ: